PLEASE READ CAREFULLY BEFORE SIGNING. THIS CONTRACT NEEDS TO BE SIGNED BY THE ATHLETE AND PARENTS/GUARDIANS. PAGE 3 SHOULD BE RETURNED BEFORE YOUR ATHLETE BEGINS A SPORT. ONE CONTRACT IS REQUIRED PER SCHOOL YEAR.

For the player-

- 1. <u>COMMITMENT</u> I understand that by signing this form I commit to attending games and practices for the sport I sign up for. This means attending all practices and games unless unforeseen circumstances prevent me from attending. I am expected to give 100% effort at practices and games. I understand that missing practices and games may result in less playing time or removal from the team. **Absences** are considered unexcused if not directly communicated and agreed upon with the coach(es).
- 2. <u>IN SCHOOL ABSENCES</u> I understand that If I am absent from school on the day of, or the last school day of the week, I cannot attend games on the same day or the following day. I can only attend practice if I attend that same school day. (Excused absences, such as a doctor's appointment, void this rule with a doctor's note submitted to the office or emailed to els.ad@elcs-maui.org.)
- 3. <u>ACADEMICS</u> I understand that it is my responsibility to prioritize school before sports. I cannot participate in practice or games If my grades are below a C. If there are athletic events that prevent me from attending class, it is my responsibility to communicate with the teachers and get any schoolwork that needs to be completed. I understand that poor behavior in school may result in missing games or practices. 4 strikes in a week will result in a loss of playing that week. Grades will be checked weekly.
- 4. <u>SPORTSMANSHIP & RESPECT</u> I understand that by signing this contract I am expected to demonstrate ideal sportsmanship and respect. This includes being respectful to coaches, teammates, opponents, and any other people involved in the sport. I understand that by committing to play, I am representing my school, family, and most importantly God. I will respect any equipment and facilities we use throughout the season. I understand that any poor behavior or sportsmanship may result in less playing time or removal from the team or athletic program.
- 5. <u>COMMUNICATION</u> I understand that it is my responsibility (or my parents) to communicate with the coaches in case of absence. If there is a team communication app or group (eg. Team Reach), my parents and I are expected to join to stay updated with practices and games. Any communication should be through there unless instructed otherwise by the coach(es).

For the parents/guardians -

- 1. <u>COMMITMENT-</u> By signing this contract, I understand that my athlete is expected to attend all practices, games, or events relating to the sport. It is expected that my athlete will be picked up within 15 minutes of practice times or have a ride coordinated. I understand that it is my athlete's and my responsibility to communicate with the coach(es) if an unforeseen circumstance arises causing your athlete to miss a practice or game. I agree to help encourage my athlete to abide by the rules and expectations set by Emmanuel Lutheran School. Absences that have not been directly communicated and agreed upon with the coach may result in less playing time or removal from the team.
- 2. <u>PARENTAL RESPONSIBILITIES</u> By signing this contract, I understand that I am expected to demonstrate supportive behavior towards my athlete. I am expected to encourage my athletes despite the outcome of games or practices. I understand that it is the coach's job to coach, the referee's job to ref, and the player's job to play. We encourage players to focus on their coach's voice, especially during games.

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- 3. <u>LIABILITY</u> We as parents/guardians understand that our child/children may get injured in any sport and hereby release Emmanuel Lutheran School and Church of any liability. I understand that in case of injury, coaches will use their best judgment in caring for the athlete, and will contact a parent/guardian if needed.
- 4. <u>FORMS</u> Each athlete MUST have a physical form filled out by a physician and returned to the school office or Jordynn Omura. This form must be completed before competing in sports.

Coaches -

- 1. <u>COMMITMENT ELS Coaches are expected to commit to the scheduled practices and games and arrive on time unless communicated otherwise before the event. Coaches are responsible for seeing that each player has a ride coordinated after practices and games.</u>
- COACHING CHRISTIAN ATHLETES ELS Coaches are expected to teach athletes the
 designated sport as well as encourage athletic mindsets. Coaches will demonstrate helpful
 criticism to help athletes perform to the best of their abilities. The coaching staff will exemplify
 Christian-like behavior and encourage our athletes to follow.
- 3. <u>RESPONSIBILITY</u> ELS Coaches are expected to end practices on time unless specifically noted and agreed upon beforehand. At least one coach will remain with athletes after games or practices to ensure rides are coordinated.
- COMMUNICATIONS ELS Coaches will communicate through Team Reach unless specified beforehand. Coaches are responsible for communicating with parents and athletes when/if needed.

ELS RAMS ATHLETIC PROGRAM GOALS

- 1. Emphasize and practice prioritizing God, school, then sports in that specific order.
- 2. Safely use and improve the talent that God has given us.
- 3. Play, coach, and cheer with good sportsmanship, as we are all representatives of our School & community.

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SIGNATURE PAGE

PLEASE KEEP THE PAGES ABOVE. PAGES 3 SHOULD BE FILLED AND RETURNED TO JORDYNN OMURA.

PLAYER CONTRACT: I have read and fully understand what is expected of me. I have taken time to consider my participation and agree to abide by all responsibilities of the program. I understand that failure to do so may result in my removal from the sports team or the program.	
Print name	grade
Signature	Date
Please selected intended sport(s)	:
☐ Volleyball	
□ Basketball	
☐ Cross Country	
Other	-
_	at is expected of me and my athlete. I understand and ies stated in the contract. I understand that failure to do so noval from the program.
PARENT/GUARDIAN 1:	
Print name	 Date
Signature	<u>—</u>