

ELS Middle School Athletics Meeting

August 29, 2024

“Being a Christian athlete doesn’t mean praying for your team to win. God doesn’t give edge to those who pray over those who don’t. Hard work does that. Being a Christian athlete means competing for Christ, in a way in which you always give your all for Him. Win or lose, you thank him for the ability and opportunity to play. It means giving all the glory to God, no matter the outcome.” - Stephen Curry

ATHLETIC PROGRAM GOALS

- Encourage and practice prioritizing: God, academics, and sports
- Introducing sports to spark interest in their future
- Increase program size to provide instructional, excelling, and competitive teams

IMPORTANCE OF SPORTS IN MIDDLE SCHOOL

- Encourages exercise and promotes healthy/active lifestyles
- Builds confidence
- Creates/strengthens a community within the school
- Teaches time management
- Introduces/teaches the basics of sports before reaching high school
- Great way to use/show the many talents God has blessed us with

NEW ATHLETIC/PARENT CONTRACT AND PHYSICAL

- Every athlete will need to do a physical before competing
 - Completed by physician
 - Good for one year
- Every athlete and a parent/guardian will need to sign an athletic contract before participating in a sport
 - Good for one year
 - In summary
 - Commitment - actively committing the time that is designated to the sport
 - Absences - communicating absences and attempting to be at events unless unforeseen circumstances arise
 - Sportsmanship & respect - demonstrating utmost respect and sportsmanship throughout practices and games to everyone involved in sports
 - Communication - communicating as clearly as possible through team reach to ensure a successful season
 - Liability - understanding the risk of injury

SEASON EXPECTATIONS

- Grades
 - C- or below will result in academic prohibition (weekly checks)
 - No practice or grades (weekly) until grades improve
 - 5 strikes per week will result in loss of playing time
- Communication
 - Team Reach
 - Codes to join will be sent when an athlete commits to the game.
 - It is the responsibility of a coach/AD to communicate any information at the beginning of each season
 - It is the responsibility of the athlete/parent or guardian to seek information from the coach/AD IF the season has already started (with the coach’s approval)
- Schedule
 - Practices are all 2x a week, games on weekends
 - Snack/drink schedules may be available
 - Team mom/dad volunteers would be greatly appreciated!
- Fundraising (cover equipment and fees)
 - We hope to do one fundraiser per sport
 - All sports fundraiser: Pumpkin fest soda booth (sign-ups to follow)

ELS Middle School Athletics Meeting

August 29, 2024

***NEW* UNIFORMS**

- Uniform/athletic shirts will be used for games through Maui Custom T-shirts
 - Link to website will be sent via email, then made available on the ELS website
- For Basketball and volleyball, students will need to order a shirt with the numbers
 - A number will be assigned to students, students will enter the number into a box when ordering a shirt
- For Cross country, students may order athletic shirts with no number on the back

SPORTS OFFERED

- **Volleyball**
 - September-November/December
 - Practices to begin Tuesday, September 3rd
 - Tuesday-Thursday 3:00-4:30 PM
 - I will be coaching along with Mrs. Lewis
 - Needs: Knee pads and Shoes (for practice and court shoes if they have)
 - Games: Saturdays (Times each week vary)
 - Looking to have an advanced team to travel to O'ahu for a tournament
 - Possible Coaching for 4-5 coaches if there is enough interest
- **Basketball**
 - January-March
 - Practice dates and times TBD
 - Mr. Smith will be coaching a team, looking for other coaches to help with other teams as well
 - Games: weekends
 - Needs: Shoes (practice on concrete at school, games on a court)
 - Looking to have an advanced team to travel to O'ahu for a tournament
- **Cross Country**
 - January-March
 - Practice (Date: TBD) Tuesday Thursday 3:00-4:30
 - Meets- Feb. 15,22 & Mar. 1
 - Needs: Running shoes
- ***Possibility* Soccer**
 - Looking for a Coach
 - Starts: March 24th
 - Games: May 3, 10, & 17
 - Needs: Cleats, Shin guards, rest is TBD with further information

MISCELLANEOUS

- Athletics page on the ELS website
 - Access to: physical forms, athletic contracts, and uniform ordering
- Contact info:
 - Jordynn Omura
 - 808-298-1808 (for athletic purposes only)
 - Email: pe.teacher@elcs-maui.org or els.ad@elcs-maui.org

Post meeting -

I forgot to mention that I will be sending out sign-ups to volunteer for the soda booth at the Pumpkin Fest. This will help to cover fees and equipment. I would greatly appreciate your help!